



August 10, 2023

To Our Residents and Family Members:

We want to provide you with an update on the situation at Alta regarding the novel coronavirus or COVID-19 (SARS-CoV-2), including the number of confirmed cases and the efforts we are undertaking. The safety and well-being of our residents are our top priority. We are doing what we can to limit the spread of COVID-19 within Alta.

Here is a more detailed update regarding the prevalence of COVID-19 in our center. As of August 10, 2023:

3 residents and 1 staff member have a confirmed, active COVID-19 infection. When a resident tests positive, we notify residents and their representative(s) of their condition and implement protocols for their care and treatment. We also follow guidance from the Centers for Disease Control and Prevention (CDC) and the Center for Medicare and Medicaid Services (CMS).

Alta is staying in very close communication with local and state health officials to ensure we are taking all the appropriate steps under current circumstances. We are also following guidance from the CDC and CMS to reduce the spread and impact of COVID-19, such as:

- Staff and resident vaccinations and boosters
- Enhanced infection control precautions
- Screening residents, staff, and visitors for symptoms
- Testing staff and residents for COVID-19 based on current protocols and availability of tests
- Carefully limiting communal activities including social distancing and other infection control precautions

Due to government privacy requirements, we cannot divulge specific information about the individuals who have confirmed or suspected COVID-19, unless they are your family member, and you have the necessary permissions to receive such information.

We know you are concerned about your loved one, and we will contact you directly if your loved one is suspected or diagnosed with COVID-19.

We also understand that connecting with family members is incredibly important to our residents and we are following guidelines to allow visitation to occur for all residents. We do continue to encourage family members to remain up to date with all recommended COVID-19 vaccine doses, follow recommendations for source control and physical distancing, and consider limiting visitations when your loved one is COVID-19 positive. We also request that all visitors follow CDC quarantine guidelines if they have a positive viral test for SARS-CoV-2, symptoms of COVID-19, or close contact with someone with SARS-CoV-2 infection. If you choose not to visit or are unable, family members can continue to connect with their loved ones through video chat, calling, texting, or on social media.

We need your help in battling COVID-19. Please visit the CDC website ([www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)) to learn how you can help prevent the spread in our community since continued spread in the larger community increases the chance the virus will work its way into our building.

This is a difficult time for everyone. We will continue to provide you with updates. Please know that we are adhering to guidelines from the local and state health departments, which continue to evolve as we learn more about this virus.

We know that you may have questions and we encourage you to contact our center. Please call us at 775-828-5600 or visit our website <https://www.altanursingandrehab.com/covid19> for updates. You may also call our COVID-19 hotline at 775-241-4620.

Sincerely,

Marie Costa Nadora

Administrator