



Zachary Gray  
Chief Executive Officer  
Revive Health Senior Care Management, LLC  
Operating at Alpine SNF, Alta SNF, and Wingfield SNF  
Northern Nevada  
[zach.gray@revivehsc.com](mailto:zach.gray@revivehsc.com)

October 10, 2022

Re: Memo to Inform Staff, Residents and Families on Updated COVID-19 Policies

Hello all,

This is our first company-wide memo, and I am very happy to be providing these updates! These updates bring some much needed relief during one of the hardest times our industry and nation have faced. Your perseverance, respect, cooperation, and dedication have all been very much appreciated during these times.

The Centers for Disease Control and Management (“CDC”) and Centers for Medicare & Medicaid Services (“CMS”) issued new guidance on September 23, 2022. This guidance impacted a number of our COVID-19 policies, which have now all been updated. This letter serves as a summary of our updated policies, and how staff, residents, and visitors are impacted.

### **Routine Testing**

Historically, routine testing has been driven by the community transmission positivity rate. Per CDC and CMS guidance, we are no longer performing routine testing. There are a few reasons we will be testing staff, which are outlined below:

1. If a staff member calls out sick with COVID-19 symptoms
2. If a staff member has an exposure to an individual with COVID-19

If an employee or resident is experiencing COVID-19 symptoms, please notify his/her manager or nurse immediately.

Once an employee is on a COVID-19 testing protocol, testing for COVID-19 will be performed immediately, 48 hours later, and then 48 hours after the second test.

Previously, individuals who tested positive for COVID-19 were excused from testing for 90 days. CDC and CMS guidance has been updated to excuse individuals for only 30 days.

## **Returning to Work After a COVID-19 Diagnosis**

If an employee has tested positive for COVID-19, they will be eligible for a COVID-19 test on day 5 and day 7 before returning to work. Employees must have two negative tests 48 hours apart if he/she wishes to return to work before 10 days. Otherwise, the employee is eligible for returning to work on day 10 after symptom onset or a positive COVID-19 test.

## **New Resident Admissions**

All new residents and re-admissions, regardless of COVID-19 vaccination status, will be:

- Assigned a single-person room with a private bathroom, when available.
- Placed in quarantine following contact and droplet transmission-based precautions.
- Tested for COVID-19 using a rapid antigen test or PCR test upon admission to the facility, between days 3-5, and upon end of the admission quarantine period/prior to moving out of the quarantine observation unit.
  - If new residents and re-admissions have evidence of COVID-19 tests and results performed in their discharging facility on the date of discharge, COVID-19 testing will not need to be performed upon admission to the facility.
- Placed in quarantine for at least 7 days.

## **Relevant CMS and CDC Recommendations**

- <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html>
- <https://www.cms.gov/files/document/qso-20-38-nh-revised.pdf>

If you have any questions, please do not hesitate to reach out to the facility Administrators or myself.

Sincerely,



Zachary Gray  
Chief Executive Officer  
Revive Health Senior Care Management, LLC