

Zachary Gray Administrator Alta Skilled Nursing and Rehab 555 Hammill Ln. Reno, NV 89511

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November 1, 2020

Dear Residents, Families and Staff:

On 11/1/2020, we were notified by the Nevada state lab that three individuals at Alta tested positive for COVID-19 as a result of our routine testing; two staff members and one resident. We will be doing contact tracing and our Infectious Disease Preventionist and Medical Director, Dr. Watts and Dr. Magboo, respectively, will be determining who should be immediately tested based on potential exposure.

Unfortunately, this is the second letter we have had to send to you within five days. In total, this makes five cases within the facility in less than seven days. Due to the possibility of mass exposure, we will be immediately rolling back to strict restrictions, which includes:

- 1) All communal dining and communal activities will be cancelled until further notice;
- 2) N95 masks are being given to all staff and encouraged to be worn at all times in replacement of a surgical mask. N95 masks can be disinfected in the UVC kits at the nurses station up to five times. A new N95 mask will be given to all staff once a week;
- 3) All non-essential visitation for residents and staff is cancelled until further notice;
- 4) We ask that all residents remain in their room with the door closed unless staff specifically asks otherwise. This prohibition will not be enforced for residents with extraordinary dementia or fall risks:
- 5) If a resident would like to go outside, please coordinate with the front desk;
- 6) Student clinicals will be canceled until further notice; and
- 7) We ask that staff eat in the dining room and outside as the break room is a fairly contained space. Please do not have your masks off if you are within 6 feet of any of your coworkers or staff.

We recognize these restrictions are difficult for residents, staff and their families. It is our hope that cases can be contained and do not spread. As a collective group, it is important that we have 14 consecutive days without any active cases at which point we will go back to less-restrictive operating procedures, which includes family visitation and communal dining and activities.

If you have questions, please **CALL** Kim Lee, the DON or Zach Gray, the Administrator. Our goal is to keep you all safe and healthy. We care about you, your families and the staff very much.

Sincerely,

Zach Gray, NHA (518) 852-3255